

Trends

- ☛ Cigarette smoking kills more than 480,000 Americans annually; 41,000 of these deaths are from exposure to secondhand smoke.
- ☛ Smoking-related illnesses in the U.S. cost more than \$300 billion per year.
- ☛ In 2014, 16.8% (40 million) U.S. adults were cigarette smokers; men smoke at slightly higher rates than women.
- ☛ People who live below the poverty level have smoking rates almost double those living at or above the poverty level.
- ☛ Tobacco use is by far the largest preventable cause of death and disease in the U.S.

—via Centers for Disease Control and Prevention

1 Corinthians 6:19: "Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own?"

Sentence Sermons

"People have a misconception that the tobacco epidemic is a thing of the past. Tobacco still kills more Americans than any other cause"

—Tom Frieden, director of CDC

News & Notes

Please pray for those mentioned in the announcements after services and others listed on the bulletin board in the foyer of the church building.

Pray for all the members at Westside! Please pray for Susan Ferrell and her family as she continues to recover from a brain tumor. Please pray for her and her family.

Please pray for me. I'm happy to report that the lower back and leg pain have been getting much better. God answers prayer!

Please pray for sister Virginia Brown. She is scheduled for hip replacement surgery on February 15th.

Pray for the all of our students. Schools are back in session and bring many temptations to our young people.

Pray for Jonathan Kreilen. He has decided to leave law school and take a job using his accounting degree. Best wishes Jonathan!

Please keep sister Wilma in your prayers! She gives all of us so much encouragement! God bless her and Virginia! Remember both of them in your prayers.

There are many needy saints! Can you help?! Let me know.

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Editor: Craig Thomas (812-320-9569); craigthomas82000@gmail.com

Please direct questions and comments to the editor.

Words of Life

Westside
church of Christ

"Lord, to whom shall we go? You have the words of eternal life."

John 6:68



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Don't Widen the Plate

In Nashville, Tennessee, during the first week of January, 1996, more than 4,000 baseball coaches descended upon the Opryland Hotel for the 52nd annual *American Baseball Coaches Association* convention.

While I waited in line to register with the hotel staff, I heard other more veteran coaches rumbling about the lineup of speakers scheduled to present during the weekend. One name, in particular, kept resurfacing, always with the same sentiment — "John Scolinos is here? Oh, man, worth every penny of my airfare." Who is John Scolinos, I wondered. No matter, I was just happy to be there.

In 1996, Coach Scolinos was 78 years old and five years retired from a college coaching career that began in 1948. He shuffled to the stage to an impressive standing ovation, wearing dark polyester pants, a light blue shirt, and a string around his neck from which home plate hung — a full-sized, stark-white home plate. Seriously, I wondered, who is this guy?

After speaking for twenty-five minutes, not once mentioning the prop hanging around his neck, Coach Scolinos appeared to notice the snickering among some of the coaches. Even those who knew Coach Scolinos had to wonder exactly where he was going with this, or if he had simply forgotten about home plate since he'd gotten on stage. Then, finally ... "You're probably all wondering why I'm wearing home plate around my neck," he said, his voice growing irascible. I laughed along with the others, acknowledging the possibility. "I may be old, but I'm not crazy. The reason I stand before you today is to share with you baseball people what I've learned in my life, what I've learned about home plate in my 78 years." Several hands went up when Scolinos asked how many Little League coaches were in the room. "Do you know how wide home plate is in Little League?"

After a pause, someone offered, "Seventeen inches?", more of a question than answer.

"That's right," he said. "How about in Babe Ruth's day? Any Babe Ruth coaches in the house?" Another long pause.

"Seventeen inches?" a guess from another reluctant coach.

"That's right," said Scolinos. "Now, how many high school coaches do we have in the room?" Hundreds of hands shot up, as the pattern began to appear. "How wide is home plate in high school baseball?"

"Seventeen inches," they said, sounding more confident.

"You're right!" Scolinos barked. "And you college coaches, how wide is home plate in college?" "Seventeen inches!" we said, in unison.

"Any Minor League coaches here? How wide is home plate in pro ball?" "Seventeen inches!"

"RIGHT! And in the Major Leagues, how wide home plate is in the Major Leagues?" "Seventeen inches!"

"SEVENTEEN INCHES!" he confirmed, his voice bellowing off the walls. "And what do they do with a Big League pitcher who can't throw the ball over seventeen inches?" Pause. "They send him to Pocatello!" he hollered, drawing raucous laughter. "What they don't do is this: they don't say, 'Ah, that's okay, Jimmy. You can't hit a seventeen-inch target? We'll make it eighteen inches, or nineteen inches. We'll make it twenty inches so you have a better chance of hitting it. If you can't hit that, let us know so we can make it wider still, say twenty-five inches.'" Pause. Coaches ... "Pause." ... what do we do when our best player shows up late to practice? When our team rules forbid facial hair and a guy shows up unshaven? What if he gets caught drinking? Do we hold him accountable? Or do we change the rules to fit him. Do we widen home plate? The chuckles gradually faded as four thousand coaches grew quiet, the fog lifting as the old coach's message began to unfold. He turned the plate toward himself and, using a Sharpie, began to draw something. When he turned it toward the crowd, point up, a house was revealed, complete with a freshly drawn door and two windows. "This is the problem in our homes today. With our marriages, with the way we parent our kids. With our discipline. We don't teach accountability to our kids, and there is no consequence for failing to meet standards. We widen the plate!"

Pause. Then, to the point at the top of the house he added a small American flag. "This is the problem in our schools today. The quality of our education is going downhill fast and teachers have been stripped of the tools they need to be successful, and to educate and discipline our young people. We are allowing others to widen home plate! Where is that getting us?"

Silence. He replaced the flag with a Cross. "And this is the problem in the Church, where powerful people in positions of authority have taken advantage of young children, only to have such an atrocity swept under the rug for years. Our church leaders are widening home plate for themselves! And we allow it."

"And the same is true with our government. Our so-called representatives make rules for us that don't apply to themselves. They take bribes from lobbyists and foreign countries. They no longer serve us. And we allow them to widen home plate and we see our country falling into a dark abyss while we watch."

I was amazed. At a baseball convention where I expected to learn something about curveballs and bunting and how to run better practices, I had learned something far more valuable. From an old man with home plate strung around his neck, I had learned something about life, about myself, about my own weaknesses and about my responsibilities as a leader. I had to hold myself and others accountable to that which I knew to be right, lest our families, our faith, and our society continue down an undesirable path.

"If I am lucky," Coach Scolinos concluded, "you will remember one thing from this old coach today. It is this: if we fail to hold ourselves to a higher standard, a standard of what we know to be right; if we fail to hold our spouses and our children to the same standards, if we are unwilling or unable to provide a consequence when they do not meet the standard; and if our schools, churches, our government fail to hold themselves accountable to those they serve, there is but one thing to look forward to ..." With that, he held home plate in front of his chest, turned it around, and revealed its dark black backside. "... dark days ahead."

Coach Scolinos died in 2009 at the age of 91, but not before touching the lives of hundreds of players and coaches, including mine. Meeting him at my first ABCA convention kept me returning year after year, looking for similar wisdom and inspiration from other coaches. He is the best clinic speaker the ABCA has ever known because he was so much more than a baseball coach. His message was clear: "Coaches, keep your players—no matter how good they are—your own children, your churches, your government, and most of all, keep yourself at seventeen inches."

And this my friends is what our country has become and what is wrong with it today, and how to fix it. "Don't widen the plate." An absolutely great speech.

Needs

Several weeks ago central and northern Luzon were hit hard by super typhoon "Lawin." The storm killed some of the brethren and injured many more. Many homes were severely damaged and some were totally destroyed. Much of the crops which these folks depend on for jobs and food were severely damaged or destroyed. Several of the brethren here at Westside and other congregations in the U.S. have sent funds. However there remain many in desperate need of help: food, water, clothing, medicine, medical care, building materials, etc. If you would like to donate please see Craig Thomas.

"But whoever has this world's goods, and sees his brother in need, and shuts up his heart from him, how does the love of God abide in him?"

1 John 3:17